Student Signature and Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature and Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Welcome to 7th Grade Study Skills

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**Class and Student Expectations**

**Respect**

Listen & follow directions

Participate

Disagree the right way

Treat others the way you want to be treated

**Responsibility**

Be prepared to learn

Practice skills

Accept when you have made a mistake

**Resourcefulness**

Be a problem-solver

Be a learner

**Class Overview and Goals:**

-Study Skills is a quarterly class consisting of 8 units with 28 lessons. Each lesson will give tips and strategies on improving each studying abilities.

-The goal of this class is

* to increase each student’s awareness of how they learn.
* improve current study habits.
* prepare the student for life in middle school, high school, and college.

**Evaluation:**

-For each Lesson, the students will be required to complete an activity. Each activity is designed to help each student understand the Study Skills material. Grading will posted on Powerschool after assignment is turned in.

1. Introduction to Study Skills and the Process of Learning

* [Lesson 1 – What are Study Skills?](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-1-what-are-study-skills/)
* [Lesson 2 – Metacognition: The Self-Aware Student](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-2-metacognition-the-self-aware-student/)
* [Lesson 3 – A Bit About Brainy](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-2-a-bit-about-brainy/)
* [Lesson 4 – Mental Throwdown: Intelligence VS. Effort](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-4-Mental-Throwdown-Intelligence-Effort)

2. Learning Styles and Multiple Intelligences

* [Lesson 5 – What’s In Style?](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-5-whats-in-style)
* [Lesson 6 – Learning Resources & Multimodal Learning](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-6-learning-resources-multimodal-learning)
* [Lesson 7 – There’s More Than One Way To Be Smart](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-7-theres-more-than-one-way-to-be-smart/)

3. Pre-Learning Strategies

* [Lesson 8 – That’s My Routine and I’m Stick’n To It!!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-8-thats-my-routine-and-im-stickn-to-it/)
* [Lesson 9 – The Organized Workspace](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-9-the-organized-workspace/)
* [Lesson 10 – Syllabusted!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-10-syllabusted/)
* [Lesson 11 – Gett’n Your Schema On](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-11-gettn-your-schema-on/)

4. Action Heros: Learning, Reading, Listening

* [Lesson 12 – Active Learning In A Passive Learning World](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-12-active-learning-in-a-passive-learning-world/)
* [Lesson 13 – Battle Plan SQ3R](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-13-battle-plan-sq3r/)
* [Lesson 14 – Hey Are You Listening?!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-14-hey-are-you-listening/)

5. Note-taking and Outlining Skills

* [Lesson 15 – Navigating Notes](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-15-navigating-notes/)
* [Lesson 16 – Cornies & Indies & Hybrids, Oh My!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-16-cornies-indies-hybrids-oh-my/)
* [Lesson 17 – The Hidden Benefits of Outlining Your Textbook](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-17-the-hidden-benefits-of-outlining-your-textbook/)

6. Memory and Recall Strategies

* [Lesson 18 – M.N.E.M.O.N.I.C.S.](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-18-m-n-e-m-o-n-i-c-s/)
* [Lesson 19 – The Anti-Cram: Time-Spaced Learning](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/the-anti-cram-time-spaced-learning/)

7. Test-taking Tips and Strategies

* [Lesson 20 – Short Answer & Essay Test Tips](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/short-answer-essay-test-tips/)
* [Lesson 21 – So Many Choices, so Little Time!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/so-many-choices-so-little-time/)
* [Lesson 22 – How to Trick Out Your Oral Presentation](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-22-how-to-trick-out-your-oral-presentation/)
* [Lesson 23 – Taming Test Anxiety](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-23-taming-test-anxiety/)

8. Wrapping Up for College Readiness

* [Lesson 24 – So Close, Yet so Far… Distance Learning](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-24-distance-learning/)
* [Lesson 25 – Ouch my Brain Hurts! Critical Thinking Skills](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-25-ouch-my-brain-hurts-critical-thinking-skills/)
* [Lesson 26 – Ramp up Your Research Skills!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-26-ramp-up-your-research-skills/)
* [Lesson 27 – Good Citizens! Perfect Participants!](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-27-good-citizens-perfect-participants/)
* [Lesson 28 – The Benefits of FAILURE](http://www.middleschoolguide.com/products/classroom-slides/study-skills-classroom-slides/lesson-28-the-benefits-of-failure/)